

Getting Started with PsychiatryOnline.com – User Training Guide for Institutions

About this guide

This guide introduces you to PsychiatryOnline.com and provides basic information about using its many features. For more information about using features not found in this guide, please email psychiatryonline@psych.org.

Refer to the table below to locate the information you need. Feature descriptions and step-by-step procedures are grouped under the main task that you are performing, such as researching a psychiatric disorder, managing your journal reading, or downloading information to your PDA.

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1. Getting Started

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What's Included in Your Subscription

Your institution has purchased the DSM Premium subscription at PsychiatryOnline.com. This includes full-text access to the following psychiatric resources:

American Psychiatric Publishing, Inc. (APPI) peer-reviewed journals:

- [The American Journal of Psychiatry](#)
- [Psychiatric Services](#)
- [Academic Psychiatry](#)
- [The Journal of Neuropsychiatry and Clinical Neurosciences](#)

And [Psychiatric News](#), for the latest developments in the field.

Aggregated along with the full-text of the best selling peer-reviewed books in the field:

- [DSM-IV-TR®](#)
- [DSM-IV-TR® Handbook of Differential Diagnosis](#)
- [DSM-IV-TR® Casebook and its Treatment Companion](#)
- [American Psychiatric Association Practice Guidelines](#) in both comprehensive and quick-reference formats
- [The American Psychiatric Publishing Textbook of Psychiatry](#), Fifth Edition
- [What Your Patients Need to Know About Psychiatric Medications](#)
- [Manual of Clinical Psychopharmacology](#), Seventh Edition
- [Gabbard's Treatments of Psychiatric Disorders](#), Fourth Edition
- [The American Psychiatric Publishing Textbook of Substance Abuse Treatment](#), Fourth Edition
- [Textbook of Psychotherapeutic Treatments](#)

- [Helping Parents, Youth, and Teachers Understand Medications for Behavioral and Emotional Problems: A Resource Book of Medication Information Handouts](#)
- [The American Psychiatric Publishing Textbook of Geriatric Psychiatry](#), Fourth Edition
- [The American Psychiatric Publishing Textbook of Psychopharmacology](#), Fourth Edition
- [Textbook of Substance Abuse Treatment](#), Fourth Edition
- [Dulcan's Textbook of Child and Adolescent Psychiatry](#)

Access PsychiatryOnline.com

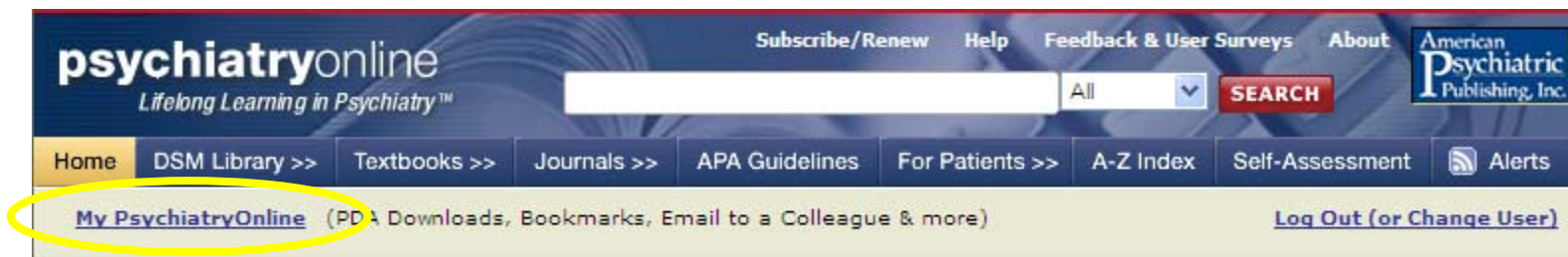
Depending on how your institution's administrator or librarian has set up your institution's access to PsychiatryOnline.com, you can access resources for PsychiatryOnline.com anytime, at any computer within your institution.

If you experience any access problems, contact your institution's administrator and/or librarian or email: institutions@psych.org or call 703-907-8538.

Set Up Your Personal My PsychiatryOnline Account

My PsychiatryOnline is a free personalized account to access features including bookmarks, emailing topics, saved searches and PDA downloads.

From the [PsychiatryOnline.com](#) homepage, click on **My PsychiatryOnline**.



Register for your **My PsychiatryOnline** personal account by completing your information.

The screenshot shows the My PsychiatryOnline website interface. At the top, there is a navigation bar with links for Home, DSM Library, Textbooks, Journals, APA Guidelines, For Patients, A-Z Index, Self-Assessment, and Alerts. Below this is a search bar and a 'Log Out (or Change User)' link. The main content area is titled 'My PsychiatryOnline' and includes a note about logging in or registering for a free personal account. A yellow circle highlights the registration form, which is titled 'New User? Register here for a free personal account:'. The form includes fields for First Name, Last Name, Email Address, Password, and Confirm Password. There is also a checkbox for 'Send me email alerts about special offers from American Psychiatric Publishing, Inc., and the American Psychiatric Association.' and a 'Register Now' button. To the left of the registration form, there is a 'Registered Users Log In:' section with fields for Email Address and Password, and a 'LOG IN' button. Below the log in section, there is a 'Forgot your password?' section with a 'GO' button.

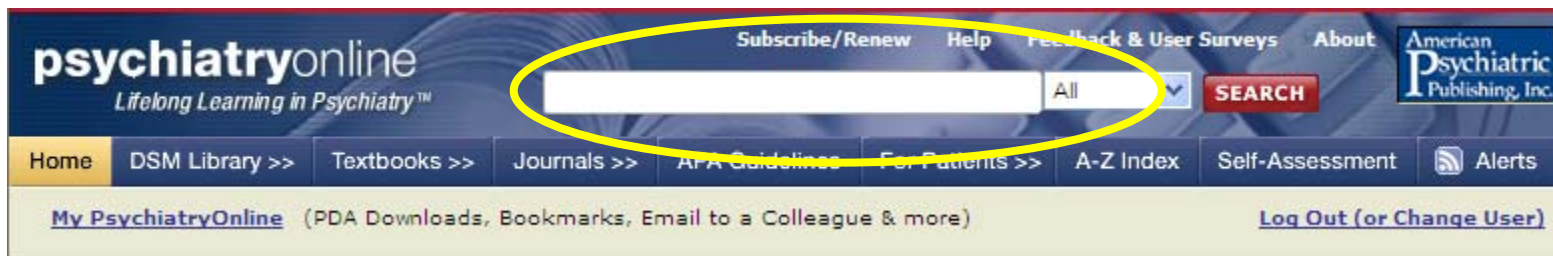
You will now be able to take advantage of PsychiatryOnline.com features such as email a colleague, save for PDA, and bookmark chapters (described in the next section), as well as accessing PsychiatryOnline.com through your mobile device.

2. Research a Psychiatric Disorder

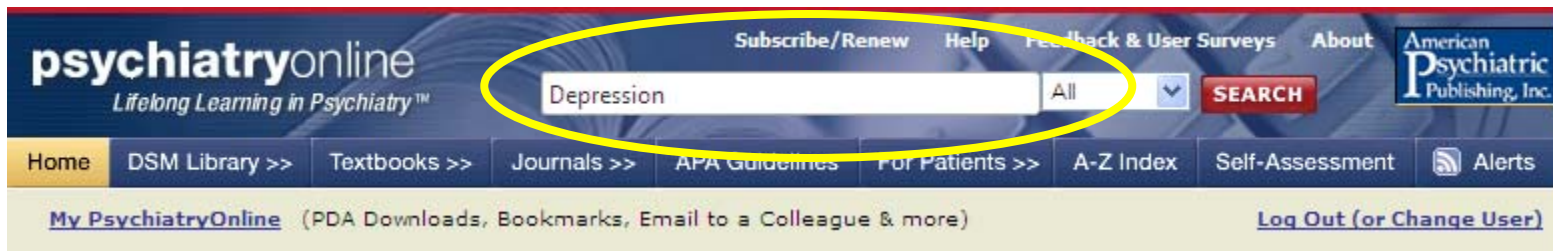
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Search on a Psychiatric Disorder

The best way to research a psychiatric disorder on PsychiatryOnline.com is from the homepage. In the top banner you will see a search bar.



Type in a psychiatric disorder you are researching. In this case, we are researching “depression.” Click “GO.”



A list of matching index entries appears. Choose one that best fits your search entry.

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Lifelong Learning in Psychiatry™

Subscribe/Renew Help Feedback & User Surveys About American Psychiatric Publishing, Inc.

All SEARCH

Home DSM Library >> Textbooks >> Journals >> APA Guidelines For Patients >> A-Z Index Self-Assessment Alerts

My PsychiatryOnline (PDA Downloads, Bookmarks, Email to a Colleague & more) Log Out (or Change User)

Search Term: **Depression**

Select from the following matching index entries:

- [depressed mood](#)
- [depression](#)
- [depression motion](#)
- [depressive disorder](#)
- [beck depression inventory](#)
- [bipolar disorder](#)
- [bipolar i disorder](#)
- [bipolar i disorder, most recent episode manic](#)
- [bipolar ii disorder](#)
- [cancer and depression](#)
- [depression, bipolar](#)
- [depression, chemical](#)
- [depression, chronic](#)
- [depression, postpartum](#)
- [depression, treatment-resistant](#)
- [depressive disorder, atypical](#)
- [dysthymic disorder](#)

Search results page for “depression” appears.

Notice three separate tabs for Books, Journals, and Practice Guideline results. The number indicates the # of results for each.

The screenshot shows the psychiatryonline.com search results page for the term "depression". At the top, there is a navigation bar with links for Home, DSM Library, Textbooks, Journals, APA Guidelines, For Patients, A-Z Index, Self-Assessment, and Alerts. A search bar is present with a dropdown menu set to "All" and a "SEARCH" button. Below the navigation bar, there is a section for "My PsychiatryOnline" with a "Log Out (or Change User)" link. The search term "Depression" is displayed, along with a link to "Tips for better searches". The results are categorized into three tabs: "Book Results (58)", "Journal Results (2000)", and "Guideline Results (4)". The "Book Results" tab is active, showing a list of results. On the left side, there is a sidebar with a "Limit book results by topic" section, listing various sub-topics like "adolescent", "in adolescents", "age and", "anxiety disorders and", "breastfeeding and", and "in cancer patients". The main content area displays the first four book results, each with a title and a brief description of the chapter or guideline.

Click on search result.

Results are also broken down by resource book.

Results page will also dynamically generate a sub-topic list to narrow your search results further.

Book Results Page

Click on a search result in the *Textbook of Psychiatry*. You receive full-text access to all the information found in the print textbook.

The screenshot displays the psychiatryonline.com website interface. At the top, there is a navigation bar with the site logo, a search bar, and links for 'Subscribe/Renew', 'Help', 'Feedback & User Surveys', and 'About'. Below this is a secondary navigation bar with categories like 'Home', 'DSM Library >>', 'Textbooks >>', 'Journals >>', 'APA Guidelines', 'For Patients >>', 'A-Z Index', 'Self-Assessment', and 'Alerts'. A user profile section shows 'My PsychiatryOnline' with options for 'PDA Downloads', 'Bookmarks', and 'Email to a Colleague & more', along with a 'Log Out (or Change User)' link.

The main content area is titled 'Textbook of Psychiatry' and 'Chapter 37. Treatment of Seniors' by Dan G. Blazer, M.D., Ph.D. A left sidebar lists 'Sections of This Chapter' with hyperlinks for 'Treatment of Seniors: Introduction', 'Acute Confusion', 'Memory Loss', 'Insomnia', 'Anxiety', 'Suspiciousness and Agitation', 'Depression', 'Hypochondriasis', 'Conclusion', 'Key Points', 'Suggested Readings', and 'References'. A 'SEE ALSO' section lists 'depression', 'hypochondriasis', 'major depressive disorder', and 'psychiatry, geriatric'.

The main text area features a DOI: 10.1176/sch.bk.9781585623402.335375 and a section titled 'DEPRESSION'. The text describes depression as a frequent geriatric syndrome, often comorbid with physical illness or dementia. A yellow circle highlights the word 'depression' in the text. A box labeled 'Hyperlinked bibliographic references' points to the 'References' link in the sidebar. Another box labeled 'Find table views' points to the 'Table 37-18' mentioned in the text. A third box labeled 'Chapter is broken down by sections that are hyperlinked allowing you to jump to the information you need.' points to the entire sidebar list of sections.

At the bottom of the content area, there are links for 'Email a Link', 'Bookmark This', 'PDA Download', 'Print Section', and 'Print Chapter', along with 'Previous Section' and 'Next Section' navigation buttons.

Continued ...

Each chapter will also provide suggested related content that can be found in other PsychiatryOnline resources.

SEE ALSO on PsychiatryOnline:
- [depression](#)
- [hypochondriasis](#)
- [major depressive disorder](#)
- [psychiatry_geriatric](#)

Related DSM-IV-TR Categories:

DSM-IV-TR:
[Mood Disorders > Major Depressive Disorder](#)
[Mood Disorders > Catatonic Features Specifier](#)
[More...](#)

DSM-IV-TR Diff Dx:
[Chapter 2. Differential Diagnosis by the Trees > Many clinicians are confused about the relationship between the Adjustment Disorders and the...](#)
[Chapter 3. Differential Diagnosis by the Tables > Differential Diagnosis for Major Depressive Disorder](#)
[More...](#)

associated with a lack of response to pleasurable stimuli is a common and central symptom of late-life **depression**. Older persons are also more likely than younger persons to exhibit psychotic symptoms during a depressive episode. Recent studies have suggested that executive function is impaired in older adults with **depression** and that this impairment may be associated with a higher likelihood of relapse and recurrence of symptoms ([Alexopoulos et al. 2000](#)).

Frequency and Origins

In community surveys, older adults are less likely to be diagnosed as having major **depression** than are persons in young adulthood or middle age. Depressive symptoms, however, are about equally prevalent across the life cycle. Standardized interviews reveal that 1%-3% of persons in the community are diagnosed as having dysthymia ([Blazer et al. 1987](#)). Major **depression** is much more prevalent among older persons in the hospital and in long-term care facilities, ranging from 10% to 20% ([Koenig et al. 1988](#)).

Late-life **depression** fits well in the biopsychosocial model of psychiatric disorders ([Blazer and Hybels 2005](#)). Although a hereditary predisposition to **depression** is less likely among persons in late life who are experiencing a first onset of **depression**, a number of biological factors are associated with late-life **depression**. Poor regulation of the hypothalamic-pituitary-adrenal axis, as well as disruption of the sleep cycle and other circadian rhythms, is more likely to be present among older persons than among younger persons. These problems also have been associated with major **depression**. In recent years, considerable attention has been directed to the association of **depression** with lesions in subcortical structures and their frontal projections in the brain ([Alexopoulos et al. 1997](#); [Krishnan et al. 1997](#)). Most older persons are satisfied with their lives and are not psychologically predisposed to **depression**. Nevertheless, some experience a demoralization and a despair resulting not only from incapacities due to aging but also from a sense of not having fulfilled their life expectations. Older persons must adapt to many adverse life experiences, especially losses of relatives and friends, yet they are often more likely to respond to these losses without difficulty than are persons who are younger. Older persons, for example, expect that they will lose family and friends through death, and those family and friends whom they do lose often have suffered chronic illnesses for some time, thus allowing older persons to grieve the loss, in part, before the actual loss.

Journal Results Page

Journal results page for “depression.”

The screenshot shows the psychiatryonline.com website interface. At the top, there is a search bar with the text "All" and a "SEARCH" button. Below the search bar is a navigation menu with links for Home, DSM Library, Textbooks, Journals, APA Guidelines, For Patients, A-Z Index, Self-Assessment, and Alerts. The main content area displays the search results for the term "depression". It shows a breakdown of results by type: Book Results (58), Journal Results (2000), and Guideline Results (4). The "Journal Results (2000)" tab is selected, showing a list of 1-18 of 2000 journal results. The first four results are listed, each with a title, a link to the full text or abstract, and the journal name and date. The first result is "1. Aberrant Brain Activation During a Working Memory Task in Psychotic Major Depression." with a link to "Full Text | Abstract" and "American Journal of Psychiatry 2010 Nov". The second result is "2. Subthreshold Hypomanic Symptoms in Progression From Unipolar Major Depression to Bipolar Disorder." with a link to "Full Text | Abstract" and "American Journal of Psychiatry 2010 Nov". The third result is "3. Genome-Wide Association Study of Suicide Attempts in Mood Disorder Patients." with a link to "Full Text | Abstract" and "American Journal of Psychiatry 2010 Nov". The fourth result is "4. The ties that bind: maternal-infant interactions and the neural circuitry of postpartum depression." with a link to "Full Text | Abstract". On the left side of the page, there are filters for "Limit results by date" and "Search in:" with options for "ALL FIELDS", "Title and Abstract only", "Title only", and "Authors only".

Results are also broken down by journal.

Note ability to define search results further.

Option to click on full text article or abstract.

Advanced Searching Within APPI Journals

The **PsychiatryOnline** journals are hosted on Stanford University Libraries' respected HighWire Press. Once you have accessed the full-text of an article, you will now be in the Highwire Press site.

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PSYCHIATRY

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Institution: PsychiatryOnline 2 | Sign In via User Name/Password

Am J Psychiatry 163:1905-1917, November 2006
doi: 10.1176/appi.ajp.163.11.1905
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Acute and Longer-Term Outcomes in Depressed Outpatients Requiring One or Several Treatment Steps: A STAR*D Report

A. John Rush, M.D., Madhukar H. Trivedi, M.D., Stephen R. Wisniewski, Ph.D., Andrew A. Nierenberg, M.D., Jonathan W. Stewart, M.D., Diane Warden, Ph.D., M.B.A., George Niederehe, Ph.D., Michael E. Thase, M.D., Philip W. Lavori, Ph.D., Barry D. Lebowitz, Ph.D., Patrick J. McGrath, M.D., Jerrold F. Rosenbaum, M.D., Harold A. Sackeim, Ph.D., David J. Kupfer, M.D., James Luther, M.A. and Maurizio Fava, M.D.

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PUBMED
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▶ Articles by Rush, A. J.
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OR SEARCH ACROSS ALL APPI JOURNALS ▶

Click on "Advanced Search" to access great search criteria options for your research.

Institution: PsychiatryOnline 2 | | [Sign In via User Name/Password](#)

Search Full Text: July 1844 - present (note: all fields are optional)
[[help](#)]

Specify Citation Year Volume First page

Specify Authors, Keywords

Author ← e.g., Smith, JS
 Author ← e.g., Smith, JS
 Title ← words: any, all, phrase
 Abstract | Title ← words: any, all, phrase
 Text | Abstract | Title ← words: any, all, phrase

Specify Journals to Search

Select APPI Journals to search:

Academic Psychiatry Psychiatric Services
 American Journal of Psychiatry Journal of Psychotherapy Practice and Research Journal of Neuropsychiatry and Clinical Neurosciences
 Focus Psychiatric News **All APPI Journals**

Limit Results From through
 Include all articles, review articles only

standard result format

condensed result format

3. PsychiatryOnline Features

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PsychiatryOnline.com has several convenient features that will save time.



Email a Link – allows you to share information with a colleague, students, or anyone for free.

Bookmark This – allows you to save your researches in your **My PsychiatryOnline** account so you have immediate links to the information you use often.

PDA Download – allows you to save any book section to your PDA so it's with you wherever you go.

Print Section

The screenshot shows the psychiatryonline.com website interface. At the top, there is a navigation bar with the site logo, a search bar, and links for 'Subscribe/Renew', 'Help', 'Feedback & User Surveys', and 'About'. Below this is a secondary navigation bar with links for 'Home', 'DSM Library >>', 'Textbooks >>', 'Journals >>', 'APA Guidelines', 'For Patients >>', 'A-Z Index', 'Self-Assessment', and 'Alerts'. A 'My PsychiatryOnline' section offers 'PDA Downloads, Bookmarks, Email to a Colleague & more', and a 'Log Out (or Change User)' link is present.

The main content area displays 'Textbook of Psychiatry' and 'Chapter 37. Treatment of Seniors' by Dan G. Blazer, M.D., Ph.D. A sidebar on the left lists 'Sections of This Chapter' including 'Treatment of Seniors: Introduction', 'Acute Confusion', 'Memory Loss', 'Insomnia', 'Anxiety', 'Suspiciousness and Agitation', 'Depression', 'Hypochondriasis', 'Conclusion', 'Key Points', 'Suggested Readings', and 'References'. Below this, a 'SEE ALSO' section lists related topics like 'depression', 'hypochondriasis', 'major depressive disorder', and 'psychiatry, geriatric'.

The central text area features a 'DOI: 10.1176/appi.book...' and a section titled 'DEPRESSION'. The text describes depression as one of the more frequent and disabling geriatric psychiatric syndromes, often occurring after memory loss. It notes that late-life depression is not necessarily comorbid with physical illness or dementia. The text is partially obscured by a 'Print: Depression - Windows Internet Explorer' window.

The overlaid print window shows the URL 'http://www.psychiatryonline.com/popup.aspx?aid=335812&print=yes' and the 'psychiatryonline' logo. It contains the same text as the main page, including the DOI and the 'DEPRESSION' section. The print window also shows a 'Print' button and a 'Close Window' button.

Print Chapter Allows you to print the entire chapter without reformatting when you need a hard copy.

The screenshot displays the psychiatryonline.com website interface. At the top, there is a navigation bar with links for Home, DSM Library, Textbooks, Journals, APA Guidelines, For Patients, A-Z Index, Self-Assessment, and Alerts. A search bar is located in the center, and a 'Log Out (or Change User)' link is on the right. The main content area is titled 'Textbook of Psychiatry' and 'Chapter 37. Treatment of Seniors' by Dan G. Blazer, M.D., Ph.D. A sidebar on the left lists 'Sections of This Chapter' including Introduction, Acute Confusion, Memory Loss, Insomnia, Anxiety, Suspiciousness and Agitation, Depression, Hypochondriasis, Conclusion, Key Points, Suggested Readings, and References. Below this is a 'SEE ALSO' section with links to depression, hypochondriasis, major depressive disorder, and pschiatr.v. geriatric. The main content area shows the chapter title 'Treatment of Seniors' and the start of the introduction: 'Psychiatrists who work with older adults encounter diagnostic and therapeutic problems that are more complex than those encountered in young adult and middle-aged patients. Most older patients with psychiatric disorders do not fit easily into the diagnostic categories of DSM-IV-TR (American Psychiatric Association 2000) because they'. A print preview window is overlaid on the page, showing the same content with a 'Print' button and a 'Close Window' button. The print preview window title is 'Print: Chapter 37. Treatment of Seniors - Windows Internet Explorer'.

Cut and Paste – you have the ability to cut and paste selections for lectures, manuscripts and presentations, saving you time.

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Home DSM Library >> Textbooks >> Journals >> APA Guidelines For Patients >> A-Z Index Self-Assessment Alerts

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Textbook of Psychiatry
Chapter 37. Treatment of Seniors
Dan G. Blazer, M.D., Ph.D.

Sections of This Chapter:
• Treatment of Seniors: Introduction
• Acute Confusion
• Memory Loss
• Insomnia
• Anxiety
• Suspiciousness and Agitation
• **Depression**
• Hypochondriasis
• Conclusion
• Key Points
• Suggested Readings
• References

SEE ALSO on PsychiatryOnline:
- depression
- hypochondriasis
- major depressive disorder

DOI: 10.1176/appi.books.9781585623402.335375

DEPRESSION
Depression is one of the more frequent and the second most disabling geriatric psychiatry syndrome (after memory loss) experienced by older adults (Blazer 2002, 2003). Late-life depression that is not comorbid with physical illness and/or a dementing disorder is characterized by symptoms similar to those experienced at earlier stages of the life cycle, with some significant differences (Table 37–18). Depressed mood is usually apparent in the older adult but may not be a spontaneous complaint. Older persons are more likely to experience weight loss (as opposed to weight gain or no change in weight) during a major depressive episode and are less likely to report feelings of worthlessness or guilt. Although older persons experience more difficulty with cognitive performance tests during a depressive episode, they are no more likely than persons in midlife to report cognitive problems subjectively. Complaints of cognitive dysfunction are common in more severe depressive episodes regardless of the person's age. Persistent anhedonia associated with a lack of response to pleasurable stimuli is a common and central symptom of late-life depression. Older persons are also more likely than younger persons to exhibit psychotic symptoms during a depressive episode. Recent studies have suggested that executive function is impaired in older adults with depression and that this impairment may be associated with a higher likelihood of relapse and recurrence of symptoms (Alexopoulos et al. 2000).

Email a Link Bookmark This PDA Download Print Section Print Chapter
Previous Section Next Section

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4. Managing your Journal Readings

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The screenshot shows the psychiatryonline.com website. The navigation menu includes 'Home', 'DSM Library >>', 'Textbooks >>', 'Journals >>', 'APA Guidelines', 'For Patients >>', 'A-Z Index', 'Self-Assessment', and 'Alerts'. The 'Journals >>' link is highlighted with a yellow circle. Below the navigation, there is a section titled 'PsychiatryOnline Journals' with a description of the journal collection. A list of alert options is provided, with the first four items circled in yellow: 'eTOCs for each new issue via email', 'CiteTrack email alerts by topic, author, and article citation', 'PDA downloads of TOCs, abstracts, and articles', and 'RSS feeds for TOCs and abstracts'. Below this, there is a section for 'The American Journal of Psychiatry' with its logo and details.

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Home DSM Library >> Textbooks >> **Journals >>** APA Guidelines For Patients >> A-Z Index Self-Assessment Alerts

My PsychiatryOnline (PDA Downloads, Bookmarks, Email to a Colleague & more) Log Out (or Change User)

PsychiatryOnline Journals

The **PsychiatryOnline** journal collection contains the full content of each issue of four American Psychiatric Publishing, Inc. (APPI) journals from 1998 to present, available through Stanford University Libraries' respected HighWire Press. The collection also includes *Psychiatric News*, the newspaper of the American Psychiatric Association.

Sign up for journal alerts and downloads:

- [eTOCs for each new issue via email](#)
- [CiteTrack email alerts by topic, author, and article citation](#)
- [PDA downloads of TOCs, abstracts, and articles](#)
- [RSS feeds for TOCs and abstracts](#)
- [APPI Newsletter \(alerts about new books and special offers\)](#)

The American Journal of Psychiatry

Official Journal of the American Psychiatric Association
EDITOR-IN-CHIEF: Robert Freedman, M.D.
Frequency: Monthly Online ISSN 1535-7228 Print ISSN 0002-953X

The most widely read psychiatric journal in the world. Published monthly, *AJP* is a vital journal for all psychiatrists and other mental health professionals who need to stay on the cutting-edge of virtually every aspect of psychiatry. Articles focus on developments in biological psychiatry, as well as on treatment innovations and forensic, ethical, economic, and social topics.

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The **PsychiatryOnline** journal collection contains the full content of each issue of four American Psychiatric Publishing, Inc. (APPI) journals from 1997 to present, available through Stanford University Libraries' respected HighWire Press. The collection also includes *Psychiatric News*, the newspaper of the American Psychiatric Association.

To sign up for journal alerts and downloads, click on the “Journals” link in the PsychiatryOnline banner.

eTOCS - Automatic alerts sent by e-mail whenever a new journal issue goes online. Complete table of contents for each issue, with links to full text are provided for your convenience. You can also download tables of contents and abstracts of current journal issue to PDAs. PalmOS and PocketPC are supported.

RSS – Real Simple Syndication – This is a quick and easy way to gather news of articles published in APA and APPI journals with quick links back to the full text. Gather new information on your topics of interest from different publications – journals, newspapers, magazines – all in one virtual location. Avoid visiting many Web sites to access current journal issues and sorting through separate eTOCs for each journal among hundreds of emails. Look for the little orange XML buttons on your favorite sites.

Email Alerts – You can set up email alerts to inform you of new articles published that match certain **key words**; new articles published as part of **Subject Collections**; new articles published by certain **authors**; contents announced of **new and future issues**; articles of interest **cited**; **Errata** posted to tracked article.

Toll-Free Inter-Journal Links – As part of the HighWire Press platform, we make available to subscribers “toll free” links from reference lists to any other journal hosted by HighWire. HighWire is the home of most of the major medical and science journals: <http://www.highwire.org/lists/allsites.dtl#A> including *Journal of American Medical Association* and *British Medical Journal*. You get full text access even if you don't have a subscription to that journal.

Citation Maps and Downloads – Each journal homepage provides links to the 50 most-read and most-cited articles within the past month (in chunks of 5 articles). You can also download complete citation information for any article to your reference citation manager. Supported formats: EndNote, ReferenceManager, ProCite, BibTeX, MedLARS.

5. Test Your Knowledge

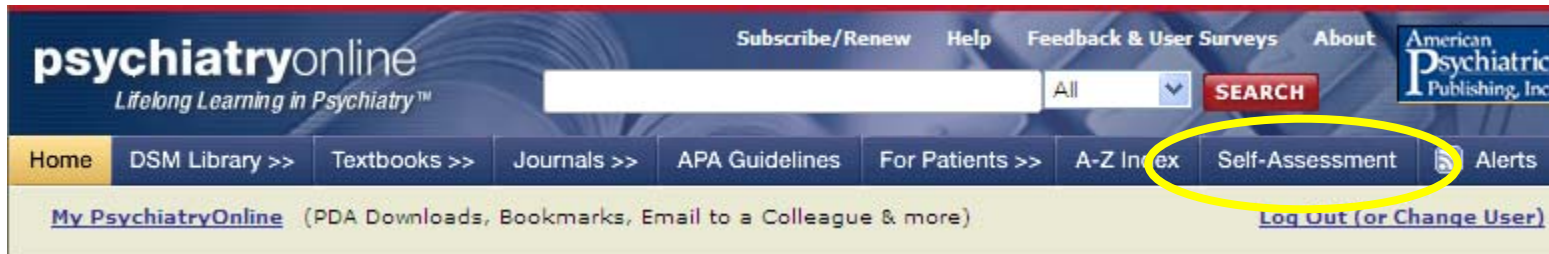
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Test Knowledge

You'll have the opportunity to enhance your knowledge of clinical psychiatry, improve clinical decision making and patient care, test and assess your clinical knowledge and decision-making skills, and practice answering board-like questions.

Self- Assessment

Access the Self-Assessment by clicking on the "Self-Assessment" link in the PsychiatryOnline.com banner.

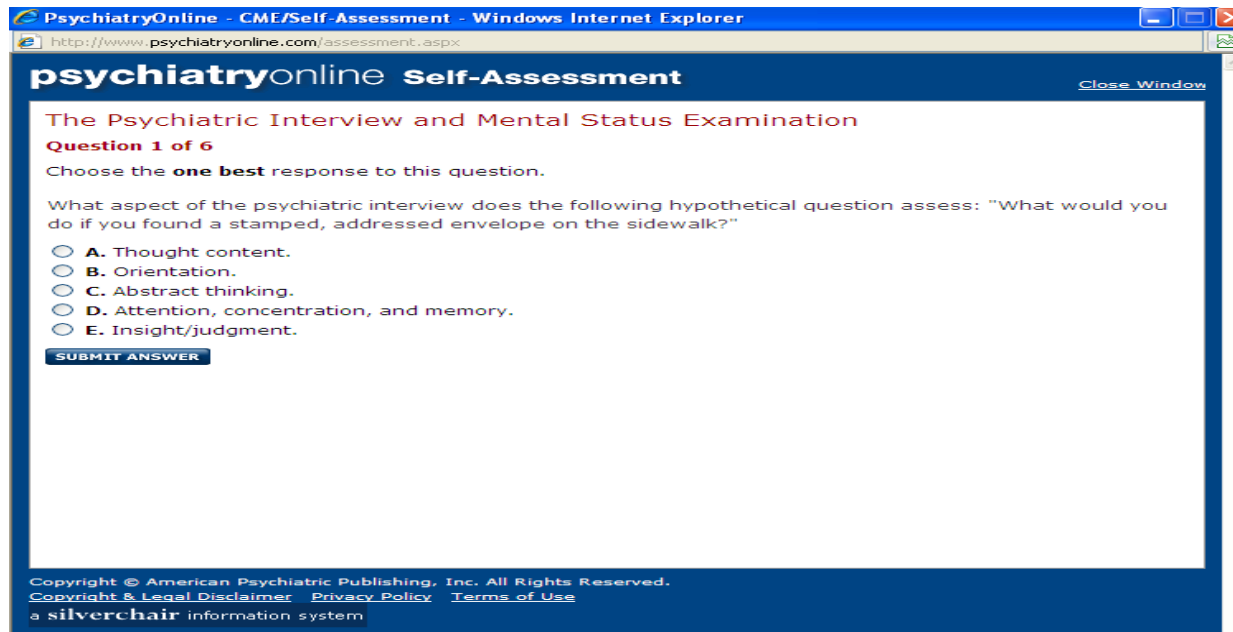


The PsychiatryOnline Self-Assessment program offers self-paced, online examinations that allow you to evaluate your mastery of the subject matter as you progress through companion American Psychiatric Publishing Textbooks. The PsychiatryOnline.com site currently offers Self-Assessments for the following textbooks:

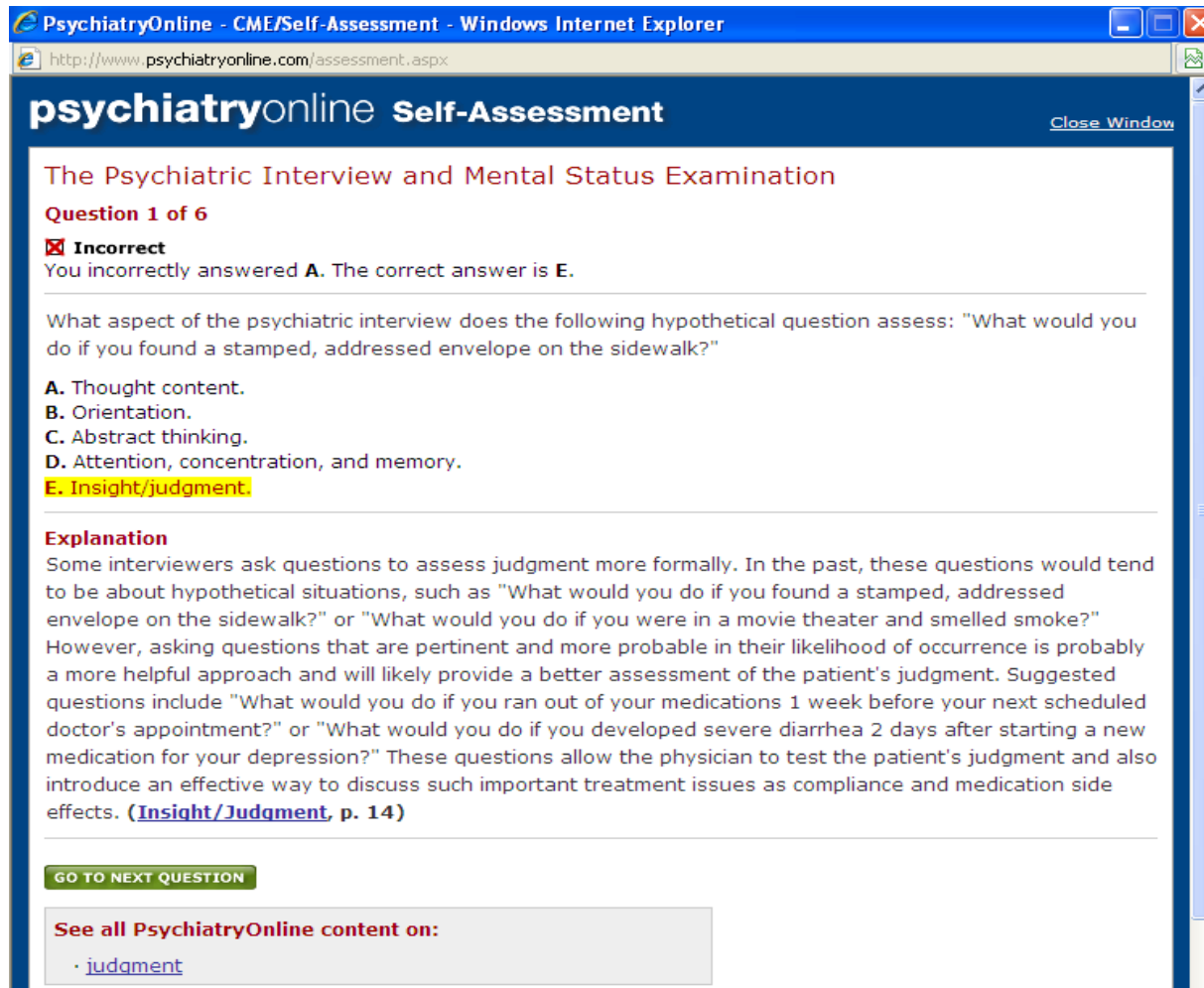
- The American Psychiatric Publishing Textbook of Psychiatry
- The American Psychiatric Publishing Textbook of Psychopharmacology
- The American Psychiatric Publishing Textbook of Geriatric Psychiatry
- Dulcan's Textbook of Child and Adolescent Psychiatry
- The American Psychiatric Publishing Textbook of Substance Abuse Treatment
- The American Psychiatric Publishing Textbook of Forensic Psychiatry
- The American Psychiatric Publishing Textbook of Psychosomatic Medicine

Format of the Exams and Scoring

Self-Assessment exams are made up of individual quizzes of 5-10 questions each that correspond to chapters in the companion textbook. After you've completed each short quiz, your score is calculated instantly.



For each question, your answer and the correct answer are highlighted and are accompanied by a discussion with supporting references that addresses not only the correct response but also explains why other responses are not correct. The answer explanation references relevant text, tables, and figures in the *Textbook* to allow quick access to more detail. Links to additional related material in the PsychiatryOnline collection provide opportunities for further study.



The screenshot shows a web browser window titled "PsychiatryOnline - CME/Self-Assessment - Windows Internet Explorer". The address bar shows "http://www.psychiatryonline.com/assessment.aspx". The page content is titled "psychiatryonline Self-Assessment" and "Close Window". The main heading is "The Psychiatric Interview and Mental Status Examination". Below this, it says "Question 1 of 6". The question is marked as "Incorrect" with a red 'X' icon. The text reads: "You incorrectly answered A. The correct answer is E." The question asks: "What aspect of the psychiatric interview does the following hypothetical question assess: 'What would you do if you found a stamped, addressed envelope on the sidewalk?'" The options are: A. Thought content, B. Orientation, C. Abstract thinking, D. Attention, concentration, and memory, and E. Insight/judgment. Option E is highlighted in yellow. Below the question is an "Explanation" section. It states: "Some interviewers ask questions to assess judgment more formally. In the past, these questions would tend to be about hypothetical situations, such as 'What would you do if you found a stamped, addressed envelope on the sidewalk?' or 'What would you do if you were in a movie theater and smelled smoke?' However, asking questions that are pertinent and more probable in their likelihood of occurrence is probably a more helpful approach and will likely provide a better assessment of the patient's judgment. Suggested questions include 'What would you do if you ran out of your medications 1 week before your next scheduled doctor's appointment?' or 'What would you do if you developed severe diarrhea 2 days after starting a new medication for your depression?' These questions allow the physician to test the patient's judgment and also introduce an effective way to discuss such important treatment issues as compliance and medication side effects. ([Insight/Judgment](#), p. 14)". At the bottom of the question area, there is a green button that says "GO TO NEXT QUESTION". Below the question area, there is a grey box with the text "See all PsychiatryOnline content on:" followed by a link ". judgment".

Earn CME Credits

To receive CME Credits for Self-Assessment exams, you must purchase the CME Add-on for each Self-Assessment.

With CME purchase, you'll have the opportunity to earn a maximum of 0.5 *AMA PRA Category 1 Credits™* per quiz. Participants earn continuing medical education (CME) credit for reviewing textbook chapters, assessing their retention of the clinical content of the textbook by taking each self-assessment exam quiz, and further increasing their clinical knowledge by reviewing the rationale for the correct answers, the related content in the textbook, and additional related material in the PsychiatryOnline collection.

Also with CME purchase, you can save your progress after each quiz. A summary page details your progress through the individual quizzes. You can take each quiz again and again to check your retention of the material in the textbook. (You can only submit each quiz for CME credit once.)

CME Add-on costs:

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The American Psychiatric Association designates this enduring material for a maximum of 0.5 *AMA PRA Category 1 Credits™* per quiz. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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Helping Parents, Youth, and Teachers Understand Medications for Behavioral and Emotional Problems
Medication information handouts geared for children, parents, and teachers

Let's Talk Facts
Clear and factual descriptions of common psychiatric disorders

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Transforming Mental Health Services
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Question of the Week from [Self-Assessment](#)

Which of the following descriptors characterizes the Munchausen subtype of factitious disorder?

A. Patients are mostly young women.

B. Patients have been described as passive and immature.

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Blair KS et al. (From [American Journal of Psychiatry](#))

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Lizardi D and Stanley B (From [Psychiatric Services](#))
- **Cotard Syndrome in Neurological and Psychiatric Patients**
Ramirez-Bermudez J et al. (From [J Neuropsychiatry Clin Neurosci](#))
- **Firearm Anticipatory Guidance Training in Psychiatric Residency Programs**
Price JH et al. (From [Academic Psychiatry](#))

See highlights from the current issue:

- American Journal of Psychiatry
- Psychiatric Services

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Before your first mobile visit, be sure to create a free personal “**My PsychiatryOnline**” account. To create an account, go to www.psychiatryonline.com from a desktop or laptop computer while authenticated by your institutional subscription, click the “My PsychiatryOnline” link from the homepage, and follow the instructions for creating an account. Your “My PsychiatryOnline” username and password will then give you access to the mobile site. (IP-based recognition is not possible from mobile devices, and accounts cannot be created from the mobile site.) The mobile site will prompt users who haven’t yet created My PsychiatryOnline accounts with these instructions.

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- Differential diagnosis decision trees and the DSM symptom index from DSM-IV-TR Handbook of Differential Diagnosis
- APA Practice Guideline Quick References
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